# the shirley index

a community magazine and business directory for residents of shirley





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Living at Blossomfield Grange is all about quality of life, and we offer tailored care both for residential residents, as well as those living with dementia on our specialist memory care floor. All residents are supported to continue to enjoy lifelong hobbies and make new friends, from music sessions to quizzes, while dancing, exercise classes, yoga and gardening support residents to stay fit and active.

Blossomfield Grange is designed with signage, colour schemes, soft furnishings and floor coverings all chosen to create a calm and accessible home from home.

The dementia suite also includes extra items to aid reminiscence and create a sensory and engaging space. We also have our own

café bistro, hair salon and large established gardens, enabling all residents to enjoy a fulfilling lifestyle.

Blossomfield Grange care home 1 Worcester Way (Off Dog Kennel Lane), Solihull B90 4JX 0121 314 9906 careuk.com/blossomfield-grange

Join us for our upcoming event

### Dementia café

First Monday of every month, 10.30am - 12 noon

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## Feeling Festive?

Welcome to the November edition

By the time this arrives Christmas will only be about 6 weeks away! Check out page 6 to see what local events are coming up to get you in the festive mood.

You've just about got time to make any last-minute changes to your home in time for Christmas so remember to support local businesses as they really value their customers – we have a great collection of local tradespeople and businesses who are local and are looking for your custom.

Here's hoping the pre-Christmas build up isn't too hectic and that you find the time to relax, maybe over a glass of mulled wine and a mince pie!

Zoe Reece Tel: 07557 220585

Email: zoe@dorridgedirectory.com

www.shirleyindex.com





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4 Mention the Shirley Index when responding to advertisements



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# community events

#### Elvis And The Dixie Rock 'N' Roll Band Live Show!

#### 25 November, Land Rover Sports & Social Club

Voted the best Elvis Tribute Act in the Midlands by local radio station BRMB, Mark's vocal range is such that it allows him to spectacularly mimic many of the performances of Elvis, through some of his most prominent years. To book: www.landroversc. co.uk/shows-and-events/

#### Menopause Café

**26 November 10am, Paramo Lounge, Solihull High Street**Join us at Menopause

Cafe, a supportive space to share experiences, learn, and connect with others navigating the menopause journey. All welcome to come along.

#### The Super Weekender 2023

#### 1-3 December, NEC, Birmingham

This 3-day event will bring together over 15,000 dance lovers from across the country. Dancers can compete, perform, train and exhibit under one roof with unmissable competitions and world-class training from sought-after choreographers and dance professionals. For more info: www. thenec.co.uk/whats-on/the-super-weekender/

#### Christmas Fair

#### 2 December 10am - 1pm, Knowle Village Hall.

This annual Fair is a Knowle Village Hall Fundraising event. Christmas door wreaths will be on sale as well as plenty of gifts, cards, chocolates etc - lots to choose from! Refreshments will be available and there is a Grand Raffle. Come and join in!

#### Comedy Night

#### 25 November, Knowle British Legion

Don't miss this sensational line-up of talented comedians who will have you rolling in the aisles from start to finish. So mark your calendars and prepare for an unforgettable night of non-stop laughter. Tickets from www. tributenightpromotions. co.uk/

#### Donny Osmond

#### 9 December, Resorts World Arena

Legendary music star Donny Osmond has announced his first UK tour in six years. The pop superstar will be bringing his electrifying Vegas show to UK arenas from December. To book: www. resortsworldarena.co.uk/ whats-on/donny-osmond/





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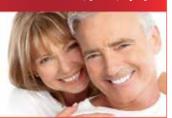
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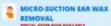
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## a good read By Natasha Donovan

#### **Infinite Detail**

#### by Tim Mauahan

Maughan's debut novel is a mesmerizing and thoughtprovoking exploration of a future world shattered by the sudden collapse of the internet. Set in a near-future dystopia, Maughan skilfully navigates the intricacies of a society that has lost



its digital connectivity and the profound impact it has on both individuals and the collective consciousness.

The novel weaves together two narrative threads: one set in the days leading up to the 'Zero Day' event, when the internet vanishes, and the other in the aftermath, where society grapples with the consequences. Maughan's prose is both evocative and insightful, capturing the tension and unease of a world suddenly thrust into chaos. Through a cast of compelling characters, he explores how our reliance on technology shapes our identities, relationships, and perceptions.

Maughan's vision of a post-internet world is hauntingly vivid, painting a picture of a society in disarray, where once-thriving cities become desolate and communities fragment. As characters navigate this new reality, the author delves into themes of power, surveillance, and the blurred lines between the virtual and the real. The novel's exploration of the human condition amidst technological collapse is deeply resonant, inviting readers to contemplate their own relationship with the digital realm. It's a cautionary tale; a portrait of the fragility of our current status quo, and it is as thoughtprovoking as it is terrifying; you won't ever take vour Wi-Fi for aranted again.





# Happy Staff... Happy Life!

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5			4		9	2		
8	9			1	3		5	
				7		8		
	5						4	8
	8		7					3
	1	3		9			2	
		8	6				9	5
	6	5				4		
3			1	4	5	6		2

# how to play SUGOKU

#### It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition.
You don't need to be a genius. These puzzles use logic alone. Watch out!
Sudoku is highly addictive.

answer on page 14

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## local police contact for Shirley

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#### LOCAL COUNCILLORS

#### **SHIRLEY WEST**

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5	3	7	4	8	9	2	1	6
8	9	6	2	1	3	7	5	4
4	2	1	5	7	6	8	3	9
7	5	2	3	6	1	9	4	8
9	8	4	7	5	2	1	6	3
6	1	3	8	9	4	5	2	7
1	4	8	6	2	7	3	9	5
2	6	5	9	3	8	4	7	1
3	7	9	1	4	5	6	8	2

Suduko Solution from page 12

#### **ADVERTISE IN THIS PUBLICATION**

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