

the shirley index

a community magazine and business directory
for residents of shirley

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Summer holiday

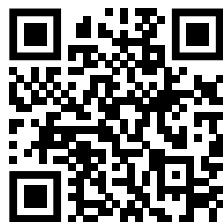
Welcome to the August edition

For those of you that aren't jetting off overseas this Summer, there's lots of great things happening locally, including fun runs, tribute acts and beer festivals.

Check out the local event guide on page 6 to see what takes your fancy. Whether you're staying locally or exploring Europe or further afield, this Summer, have a great month and make the most of the weather and the Summer holidays, while they last!

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community events

Pure Queen as a tribute to Queen

25 August, The lake at Barston

Possibly one of the greatest performers of all time is portrayed by Mark Lavell and his supporting band, including hits such as Bohemian Rhapsody, Barcelona, Killer Queen and more. Tickets from www.thelakeatbarston.co.uk

The 3 Lions Beer & Cider Festival

8th & 9th September, Shirley British Legion.

A charity Beer & Cider Festival with 20 real ales and 10 ciders organised jointly by Acocks Green, Shirley and Solihull Lions Clubs. Live music on both days provided by Ray's Open Mic Night. Entrance £10 includes a souvenir glass, £5 worth of drinks tokens

and an event booklet with full tasting notes. Advance tickets from Shirley British Legion or pay on the door.

Balsall Common Fun Run

17th September

This local community fundraising event, now in its ninth year, is organised by local charity The Lily Mae Foundation, to enable participants to run in support of local and national charities and good causes. There are Mini Runs for nursery and primary aged children, 5K runs for Juniors and Families, and 5K and 10K Runs for Adults. To book your place please visit: www.stuweb.co.uk/event/4258

Elvis Tribute Show with Kevin Paul

15 September, Nailcote Hall

You can be certain of a high energy Vegas Style Spectacular! The Combination of his incredible energy, vocal ability, stunning costumes, magnetic stage presence and not forgetting that 'Elvis Presley' charm. Nailcote Hall's party nights include a three-course dinner, live entertainment, and an after-show DJ. Tickets from www.nailcotehall.co.uk

The Very Best of Deacon Blue

20 September, Utilita Arena

Thirty-five years since their debut single, Dignity, and millions of record sales since, Deacon Blue are digging out all their old 45s - the Top 10s, the favourites, the sing-a-long rarities - and touring the UK & Ireland in September / October 2023. Tickets from www.utilitaarenabham.co.uk

What's on at the Land Rover Sports & Social Club



2 SEPTEMBER:: SOUL & MOTOWN WITH TINA TURNER EXPERIENCE

Sass Brown and The River Deep Band are a 9-piece band comprising of a range of health care professionals, bankers, and teachers. The band have been together over 30 years and pride themselves in bringing the party to any occasion. **Tickets £8.80.**

28 OCTOBER:: RATS IN THE KITCHEN (THE UB40 EXPERIENCE)

Rats In The Kitchen are the world's number 1 UB40 Tribute Show. They are a fully live, 8-piece band, formed in 1998, performing up to three hours of pulsating reggae hits now spanning more than 25 years! **Tickets £8.80.**



Buy tickets at www.landroversc.co.uk/shows-and-events

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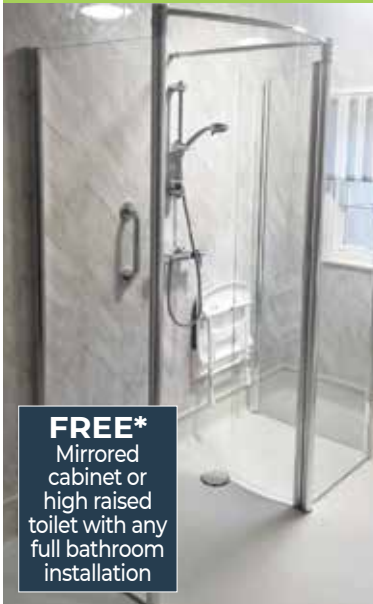
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COMPETITION



Win 2 tickets to see The Fabelmans

Wednesday 13th September, 7pm

Young Sammy Fabelman falls in love with movies after his parents take him to see "The Greatest Show on Earth." Armed with a camera, Sammy starts to make his own films at home, much to the delight of his supportive mother. However, his footage soon unveils a shocking secret, and Sammy must learn how the power of films can help him see the truth.

How to enter

For your chance to win, email zoe@dorridgedirectory.com with the subject line Fabelmans and you will be added to our database to receive our monthly e-newsletter about offers and events in Solihull. The 2 winners will be notified by email after the closing date of 30 August 2023. There is no cash value nor exchanges for the prizes.

10 Mention the **Shirley Index** when responding to advertisements

Courgette Frittata



Preparation time: 15 mins

Cooking time: 25 mins

Serves: 8

Courgettes are plentiful now so use some in this super easy brunch recipe.

Ingredients

2 courgettes, sliced.
1 red onion, diced.
1 garlic clove, finely chopped.
6 medium or large eggs
3 ripe tomatoes
1tbsp olive oil
salt and black pepper to season
50g crumbled feta (or your favourite cheese)

Method

Preheat the oven to 180C / Fan 160C Gas mark 4.

Heat the olive oil in an ovenproof pan if you have one or an ordinary frying pan if not, over medium heat, and add the onion, garlic,

and courgettes. Sauté for 4-5 minutes until lightly brown.

Add the chopped tomatoes and cook for another 2 minutes. In a separate bowl beat the eggs and season well with salt and pepper. This dish does benefit from being well seasoned.

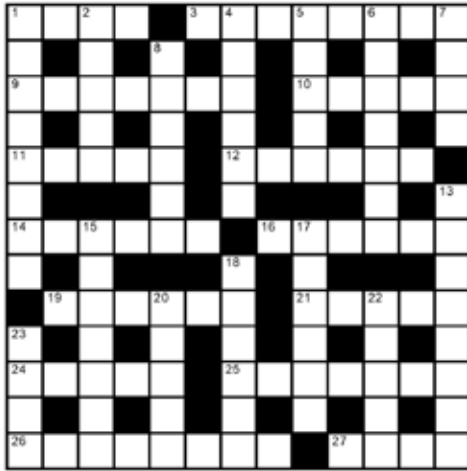
If your pan is ovenproof pour the egg mixture over the cooked vegetables then crumble the cheese over the top. If you don't have a pan that can be placed directly in the oven, transfer the veg to a casserole dish then pour the eggs and crumbled cheese over.

Bake for about 25 minutes until the frittata is set in the middle and slightly golden on top. Take care not to overcook it, or it will become rubbery in texture. It should look puffy, golden, and have a slight wobble when you move the pan.

Let it cool for 5 minutes then slice into 8 pieces. The cooled frittata will keep in an airtight container for a couple of days. Eat it cold or reheat in the microwave on a low setting for 30 seconds.

Note: This is a very adaptable recipe. You can use any cooked vegetables and cheese combination.

crossword



clues

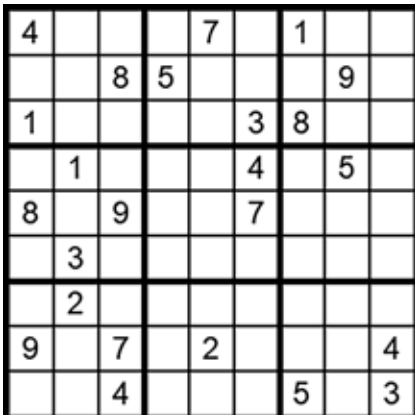
Across

- 1 Longing, dream (4)
- 3 Cavernous (8)
- 9 Impartial (7)
- 10 Choose to participate (3,2)
- 11 Laziness (5)
- 12 Gambling establishment (6)
- 14 Hold in the mind (6)
- 16 Dried grape (6)
- 19 Fleet of warships (6)
- 21 Divine water (5)
- 24 Emblem, symbol (5)
- 25 Exclusive group (2,5)
- 26 Alone (8)
- 27 Enthralled (4)

Down

- 1 Attractive, clean-cut (8)
- 2 Dwarf planet (5)
- 4 Lawman (6)
- 5 Peeved (5)
- 6 Short excursions (7)
- 7 Balanced, rational (4)
- 8 Bowman (6)
- 13 Unlikely winner (8)
- 15 Relationship between man and wife (7)
- 17 Someone dependent on drugs (6)
- 18 Less difficult (6)
- 20 Concede (5)
- 22 Erroneous (5)
- 23 _____ Redding, soul singer (4)

answer on page 14



how to play sudoku

It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition. You don't need to be a genius. These puzzles use logic alone. Watch out! Sudoku is highly addictive.

answer on page 14

Mouthwatering Marinades

It's BBQ season. Whether you prefer steak, chicken, haloumi or tofu, marinating infuses them with incredible flavours and enhances their tenderness. Here are our five faves.

Classic Teriyaki Marinade

To create the rich sweet and savoury flavours of this marinade, mix together soy sauce, honey, minced garlic, grated ginger, and a splash of sesame oil. Marinate your meat or veggie alternative for at least 30 minutes, or preferably overnight. The resulting caramelized glaze adds an irresistible sweetness to your grilled fare.

Spicy Chipotle Marinade

A spicy chipotle marinade will tantalize your taste buds. Blend together chipotle paste, lime juice, minced



garlic, cumin, paprika, salt, and a touch of brown sugar for balance. Allow your meat or tofu to soak for a minimum of two hours before grilling. The smoky, spicy kick will add depth and complexity to your barbecued dishes.

Tangy Balsamic Soy Marinade

Mix balsamic vinegar, soy sauce, Dijon mustard, minced garlic, honey, and a drizzle of olive oil. Marinate for at least one hour, allowing the flavours to meld. The combination of balsamic and soy adds a delightful umami taste to your grilled creations.



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S	O	L	I	T	A	R	Y		A	G	O	

Crossword Solution
from page 12

6	8	3	4	2	1	9	5	7
9	5	2	6	3	7	1	8	4
1	7	4	8	5	9	2	6	3
8	1	5	3	7	4	6	2	9
4	3	9	2	1	6	8	7	5
7	2	6	5	9	8	3	4	1
5	6	1	9	4	2	7	3	8
3	9	8	7	6	5	4	1	2
2	4	7	1	8	3	5	9	6

Sudoku Solution
from page 12

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